

8 DAYS / 7 NIGHTS (GENERAL COURSE) RETREAT

- Shared lodge accommodation (private upgrades available)
- All meals: meat, veggie, no-lactose, or vegan
- Complementary glass of wine on our first and last night's dinner
- Daily classes with Delilah & Erik, Dahlia Moon and Amy Sigil (in the UNMATA Style)
- Performance opportunities
- Promotional gifts, printed notes



Delilah's
EASTER RETREAT

with special guests

Amy Sigil and Dahlia Moon

April 2-9, 2010



Get ready for the Belly Dance experience of your life!

www.delilahs-belly-dance-retreat.com

**THEME:
TRIBAL/HULA/FUSION**



Delilah & Erik

DELILAH'S EASTER BELLY DANCE RETREAT

with AMY SIGIL of UNMATA,
Dahlia Moon & Erik Brown

8 Day Tribal/Hula/Fusion Belly Dance Retreat APRIL 2-9, 2010

ABOUT OUR SPRING PROGRAM

The Theme is: Tribal /Hula /Fusion

Joining Delilah will be the amazing Amy Sigil of UNMATA fame as well as the award winning Dahlia Moon of Seattle. We will all immerse our selves in UNMATA style training for a week. Yes!

As it says on her web site "No belly dance fusion enthusiast ever drowned from sweat, and to train like the UNMATA grrrls, you've got to be willing to get down and get wet."

After this rigorous workshop you'll walk away with some of Amy Sigil's signature combo's—broken down into movement components, boot laced together, and drilled till you're ready to drop. Be prepared to tap into your hidden reserves of strength and sass!

All our retreats are about growth We explore physical culture, the arts and feminine adventure. A mix of belly dance classes, entertainment, performance and relaxation in paradise.

- ◆ **The General Course:** Open to all levels. A mix of belly dance classes, entertainment, performance, relaxation, and yep you got it, a day of old fashion tribal dance. Our programs are about art, exploration and feminine adventure.
- ◆ **Fusion Music and Staff** Amy's favorites and it'll be loud! Erik Brown is our Power Belly music master and he and Delilah will offer a special Drum Solo class. Dahlia will use folkloric, fusion and modern Egyptian and you are invited to bring your favorite mix. Richard Koob is the Hula master.

WHERE WE STAY

Kalani Resort on the Big Island of Hawaii has been in business over 21 years. We have had many retreats there. The word Kalani means "heaven" and heaven is perfect for our intentions. Huge mirrored dance room with connected shower facility, olympic size pool, sauna, hot tubs, massage studio, professional staff and a beach across the street.

FOOD

The food is really delicious and plentiful. Much of it is organically grown on site. They can accommodate most all diets: meat, veggie, lactose, and vegan.

ACCOMMODATIONS

The base price is for shared accommodations in the lodge. However plenty of double private rooms and single private have been reserved at additional costs. Sign up quickly to reserve. *Space is limited.*

COUPLE OF QUESTIONS

Who comes? Who comes? Women interested in belly dance of all ages, sizes, styles and levels of experience. From absolute beginners to professional performers who just want to bone up, have fun and do some belly dancing in Hawaii with Delilah.

Can husbands come too? Sure, give us a call.



Amy Sigil



Dahlia Moon

REGISTRATION NOW OPEN!

Registration is on a first come first serve basis and retreats sell out. We have an **Easy-Payment-Plan.**

We work to make your dream come true!

COST

- Price List online
- Major Early-Bird-Discount
- Private upgrades available

8 Day Retreat Includes:

7 nights Room, food, parties, classes, performance opts, gifts, notes, full facility use and fun with Delilah & Company.

VALUE

When you see all that is included you will be amazed. This is the original belly dance retreat. Everything is carefully thought through and prepared for you to come, relax and enjoy.

Aloha!

If you love belly dance, you owe it to yourself to do this once in your life!

Delilah has been putting on her famous visionary retreats in Hawaii for over 18 years! Dancers come from all over the world to study with her. Each retreat she cooks up a new program revolving around different themes and guest stars.

CHECK OUT THIS WEB SITE FOR IN-DEPTH DETAILS ABOUT EACH COURSE:
www.delilahs-belly-dance-retreat.com



4128 FREMONT AVE N, SEATTLE, WA 98103
(206) 632-2353
WWW.VISIONARYDANCE.COM